But godliness with contentment is great gain.1 Timothy 6:6







Numbers 16:1–3 Now Korah, the son of Izhar, the son of Kohath, the son of Levi, and Dathan and Abiram, the sons of Eliab, and On, the son of Peleth, sons of Reuben, took men: And they rose up before Moses, with certain of the children of Israel, two hundred and fifty princes of the assembly, famous in the congregation, men of renown: And they gathered themselves together against Moses and against Aaron, and said unto them, Ye take too much upon you, seeing all the congregation are holy, every one of them, and the LORD is among them: wherefore then lift ye up yourselves above the congregation of the LORD?

Numbers 16:28–30 And Moses said, Hereby ye shall know that the LORD hath sent me to do all these works; for I have not done them of mine own mind. If these men die the common death of all men, or if they be visited after the visitation of all men; then the LORD hath not sent me. But if the LORD make a new thing, and the earth open her mouth, and swallow them up, with all that appertain unto them, and they go down quick into the pit; then ye shall understand that these men have provoked the LORD.





**1 Kings 21:1–4** And it came to pass after these things, that Naboth the Jezreelite had a vineyard, which was in Jezreel, hard by the palace of Ahab king of Samaria. And Ahab spake unto Naboth, saying, Give me thy vineyard, that I may have it for a garden of herbs, because it is near unto my house: and I will give thee for it a better vineyard than it; or, if it seem good to thee, I will give thee the worth of it in money. And Naboth said to Ahab, The LORD forbid it me, that I should give the inheritance of my fathers unto thee. And Ahab came into his house heavy and displeased because of the word which Naboth the Jezreelite had spoken to him: for he had said, I will not give thee the inheritance of my fathers. And he laid him down upon his bed, and turned away his face, and would eat no bread.

**Psalm 106:24–26** Yea, they despised the pleasant land, they believed not his word: But **murmured** in their tents, and hearkened not unto the voice of the LORD. Therefore he lifted up his hand against them, to overthrow them in the wilderness:

**1 Corinthians 10:10–11** Neither **murmur** ye, as some of them also **murmured**, and were destroyed of the destroyer. Now all these things happened unto them **for ensamples**: and they are written for our admonition, upon whom the ends of the world are come.

### **CONTENTMENT** Hebrews 13:5

Let your conversation be without covetousness; and **be content** with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.

#### 1 Timothy 6:6-8

But godliness with **contentment** is great gain. For we brought nothing into this world, and it is certain we can carry nothing out. And having food and raiment let us **be therewith content**.

#### **Content:**

Satisfied with what one is or has;

Not wanting more or anything else

www.dictionary.com

#### **Philippians 4:11**

Not that I speak in respect of want: for I have **learned**, in whatsoever state I am, therewith to be **content**.

...covetousness, discontent, and murmuring are as natural to man as thorns are to the soil. You have no need to sow thistles and brambles; they come up naturally enough, because they are indigenous to earth, upon which rests the curse; so you have no need to teach men to complain, they complain fast enough without any education. But the precious things of the earth must be cultivated. If we would have wheat, we must plough and sow; if we want flowers, there must be the garden, and all the gardener's care. Now, contentment is one of the flowers of heaven, and if we would have it, it must be cultivated. It will not grow in us by nature; it is the new nature alone that can produce it, and even then we must be specially careful and watchful that we maintain and cultivate the grace which God has sown in it. Paul says, "I have learned to be content;" as much as to say he did not know how at one time.

Charles Spurgeon

### **CONTENTMENT** Genesis 3:6

And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be **desired** to make one wise, she took of the fruit thereof, and did eat, and gave also unto her **husband** with her; and he **did eat.** 

# 

#### Buddhism

#### 'Four Noble Truths'

- 1. All existence involves suffering OR
- 2. All suffering is caused by indulging in inherently insatiable desires [all desires]
- 3. Therefore all suffering will cease upon the suppressing of these desires.
- 4. And the way leading to the cessation of suffering is the 'middle-path' on the 'hoble eight-fold path': right views, right aims, right speech, right action, right livelihood, right effort, right mindfulness, right contemplation

### **CONTENTMENT** Genesis 2:19–20

And out of the ground the LORD God formed every beast of the field, and every fowl of the air; and brought them unto Adam to see what he would call them: and whatsoever Adam called every living creature, that was the name thereof. And Adam gave names to all cattle, and to the fowl of the air, and to every beast of the field; but for Adam there was not found an help meet for him.

### **CONTENTMENT** 2 Kings 4:8–16 [8-12]

And it fell on a day, that Elisha passed to Shunem, where was a great woman; and she constrained him to eat bread. And so it was, that as oft as he passed by, he turned in thither to eat bread. And she said unto her husband, Behold now, I perceive that this is an holy man of God, which passeth by us continually. Let us make a little chamber, I pray thee, on the wall; and let us set for him there a bed, and a table, and a stool, and a candlestick: and it shall be, when he cometh to us, that he shall turn in thither. And it fell on a day, that he came thither, and he turned into the chamber, and lay there. And he said to Gehazi his servant, Call this Shunammite. And when he had called her, she stood before him.

### **CONTENTMENT** 2 Kings 4:8–16 [13-16]

And he said unto him, Say now unto her, Behold, thou hast been careful for us with all this care; what is to be done for thee? wouldest thou be spoken for to the king, or to the captain of the host? And she answered, I dwell among mine own people. And he said, What then is to be done for her? And Gehazi answered, Verily she hath no child, and her husband is old. And he said, Call her. And when he had called her, she stood in the door. And he said, About this season, according to the time of life, thou shalt embrace a son. And she said, Nay, my lord, thou man of God, do not lie unto thine handmaid.

### **CONTENTMENT** 2 Corinthians 12:7–10

And lest I should be exalted above measure through the abundance of the revelations, there was given to me a thorn in the flesh, the messenger of Satan to **buffet me**, lest I should be exalted above measure. For this thing I **besought the Lord thrice**, that it might depart from me. And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong.

### CONTENTMENT Matthew 26:36–39

Then cometh Jesus with them unto a place called Gethsemane, and saith unto the disciples, Sit ye here, while I go and pray yonder. And he took with him Peter and the two sons of Zebedee, and began to be **sorrowful and very heavy**. Then saith he unto them, My soul is exceeding sorrowful, even unto death: tarry ye here, and watch with me. And he went a little further, and fell on his face, and prayed, saying, O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, but as thou wilt.

### CONTENTMENT Psalm 37:4

Delight thyself also in the LORD; and he shall give thee the **desires of thine heart**.

#### John 14:12–14

Verily, verily, I say unto you, He that believeth on me, the works that I do shall **he do also**; and **greater works** than these shall he do; because I go unto my Father. And whatsoever ye shall ask in my name, **that will I do**, that the Father may be glorified in the Son. **If ye shall ask any thing in my name, I will do it.** 

### CONTENTMENT HAPPINESS

#### Proverbs 30:7–9

Two things have I required of thee; deny me them not before I die: Remove far from me vanity and lies: give me neither poverty nor riches; feed me with food convenient for me: Lest I be full, and **deny thee**, and say, **Who is the** LORD? or lest I be poor, **and steal**, and **take the name of my God in vain**.

Luke 17:11–19 And it came to pass, as he went to Jerusalem, that he passed through the midst of Samaria and Galilee. And as he entered into a certain village, there met him ten men that were lepers, which stood afar off: And they lifted up their voices, and said, Jesus, Master, have mercy on us. And when he saw them, he said unto them, Go shew yourselves unto the priests. And it came to pass, that, as they went, they were cleansed. And one of them, when he saw that he was healed, turned back, and with a loud voice glorified God, And fell down on his face at his feet, giving him thanks: and he was a Samaritan. And Jesus answering said, Were there not ten cleansed? but where are the nine? There are not found that returned to give glory to God, save this stranger. And he said unto him, Arise, go thy way: thy faith hath made thee whole.



### **CONTENTMENT** Luke 12:19–20

And I will say to my soul, Soul, thou hast much goods laid up for many years; **take thine ease**, **eat, drink, and be merry**. But God said unto him, Thou fool, this night thy soul shall be required of thee: then whose shall those things be, which thou hast provided?

#### **Matthew 19:23**

Then said Jesus unto his disciples, Verily I say unto you, That a **rich man shall hardly** enter into the kingdom of heaven.

### **CONTENTMENT** Philippians 4:11–12

Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content. I know both how to be abased, and I know how to abound: every where and in all things I am instructed **both to be full and to be hungry, both to abound and to suffer need**.

### **CONTENTMENT** 2 Peter 2:7–9

And delivered just Lot, vexed with the filthy conversation of the wicked: (For that righteous man dwelling among them, in seeing and hearing, vexed his righteous soul from day to day with their unlawful deeds;) The Lord knoweth how to deliver the godly out of temptations, and to reserve the unjust unto the day of judgment to be punished:

#### I may be murmuring if I find myself often dwelling on an affliction...

## ...and find no room for the ever present mercy and grace of God

...and it prevents me from performing my duties ...and it prevents me from experiencing joy for others who either do not suffer from it or have been delivered from it

### I may be murmuring if I know my own sin is the source of the affliction...

...if taking away the affliction is the focus, rather than the taking away of the sin.

[We should find no peace if our affliction were taken away but our sin remained.]

...if I do not have a great desire to not commit more sin (the same or others sins)

I may be murmuring if I claim a great injustice has been done to me...

...and find no room for God's sovereignty in the thing.

...and find no chance for mercy for the oppressor, seeing they have the worse end of it. [It is far better to bear wrong than to wrong others]

I may be murmuring if I think my affliction is exceeding great, much greater than others...

...and I fail to realize that anything I may suffer is far less than I deserve

...and I fail to realize that others have [and are] suffering greater than myself

...and I fail to realize that at least some of the severity of my affliction may be caused by my own murmuring

...and I believe it is not fair that I must suffer so [much] as compared to others

...and I do not see every opportunity to bear His grace as an example of Him

#### Jesus

Discontentment separates us from Jesus – the primary focus and source of hope and power for the Christian

### Others

Discontentment reduces or eliminates our ability to serve others. Discontentment not only pushes others away, it dishonors God in their eyes

### Yourself

He does have only our best in mind

I am here [Andrew Murray]

- God has brought me here. It is by His will that I am in this place. In that fact I will rest.
- He will keep me here in his love, and give me grace to behave as His child.
- He will make this trial a blessing, teaching me the lessons He intends for me to learn, and working in me the grace He needs to bestow.
- In His good time, He can bring me out again how and when He knows.

Hunger is a sharp thorn when in the hands of stern necessity. But hunger may be voluntarily endured for many an hour when conscience makes a man willing to fast. Reproach may have a bitter fang, but it can be bravely endured, when I am animated by a sense of the justice of my cause.

**Charles Spurgeon** 



I will give you just one mark of the difference between a man or woman who is *content in a natural* way and one who is *content in a spiritual* way:

Those who are content in a natural way, when outward afflictions befall them are just as content when they commit sin against God. When they have outward crosses or when God is dishonored, it is all one to them whether they themselves are crossed or whether God is crossed...

...but a gracious heart that is <u>contented with its own</u> <u>affliction</u> will rise up strongly when God is dishonored. The Rare Jewel of Christian Contentment *Jeremiah Burroughs* 

### **CONTENTMENT** Hebrews 12:1–2

Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God.

#### Matthew 5:3–12 [3-8]

Blessed are the **poor in spirit**: for theirs is the **kingdom of heaven**.

Blessed are they that **mourn**: for they shall be **comforted**.

Blessed are the **meek**: for they shall **inherit the** earth.

Blessed are they which **do hunger and thirst after righteousness**: for they shall be **filled**.

Blessed are the **merciful**: for they shall **obtain mercy.** 

Blessed are the **pure in heart**: for they shall **see God.** 

#### Matthew 5:3–12 [9-12]

- Blessed are the **peacemakers**: for they shall be **called the children of God**.
- Blessed are they which are **persecuted for righteousness' sake**: for theirs is the **kingdom of heaven**.
- Blessed are ye, when men **shall revile you**, and **persecute you**, and shall say all manner of **evil against you falsely**, for **my sake**.
- Rejoice, and be exceeding glad: for **great is your reward in heaven**: for so persecuted they the prophets which were before you.

#### Colossians 3:1–2

If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God. Set your affection on things above, not on things on the earth.



ENJOY THE REST OF THE SABBATH

