

# WELCOME!

## SABBATH GREETINGS !!

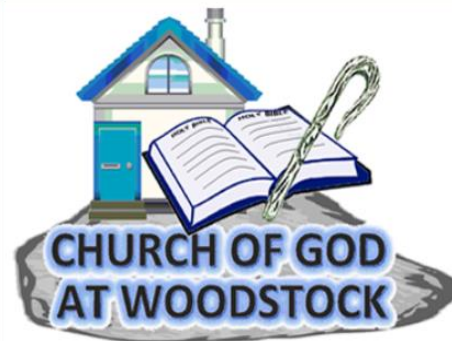
FROM GOD THE FATHER AND OUR LORD JESUS CHRIST



**TRUTH ON THE  
WEB MINISTRIES**

**[WWW.TOTW.ORG](http://WWW.TOTW.ORG)**

EPH 6:17 AND TAKE...THE SWORD OF THE  
SPIRIT WHICH IS THE WORD OF GOD  
A CHURCH OF GOD IN WOODSTOCK, ILLINOIS



# Facing YOUR Giants:





**Genesis 25:25** And the first came out red, all over like an hairy garment; and they called his name Esau.

**Genesis 27:11** And Jacob said to Rebekah his mother, Behold, Esau my brother is a hairy man, and I am a smooth man:

**Genesis 27:16** And she put the skins of the kids of the goats upon his hands, and upon the smooth of his neck:

**Genesis 27:22-23** And Jacob went near unto Isaac his father; and he felt him, and said, The voice is Jacob's voice, but the hands are the hands of Esau. And he discerned him not, because his hands were hairy, as his brother Esau's hands: so he blessed him.







EXCESS HAIR:HYPERTRICHOSIS AMBRAS

**Genesis 6:4** There  
were **giants** in the  
earth in those days;  
and also after that ...



# Erika Ervin *aka* Amazon Eve

6' 8" 205 lbs



# Steve Zimmerman

- 7 Foot 220 Pounds HS BB Center
- Graduated Bishop Gorman HS 2015



- [at age 14 yrs old (pics above) was 6' 10" 203lbs / size 19 shoe ate an 8,000 calorie/day diet]



# Nicolai Valuev

boxer aka  
“The Russian  
Giant”

“The Beast From The East”,  
“Goliath”

7' 0" 328-345 lbs The Giant  
Russian won his first 46  
fights -

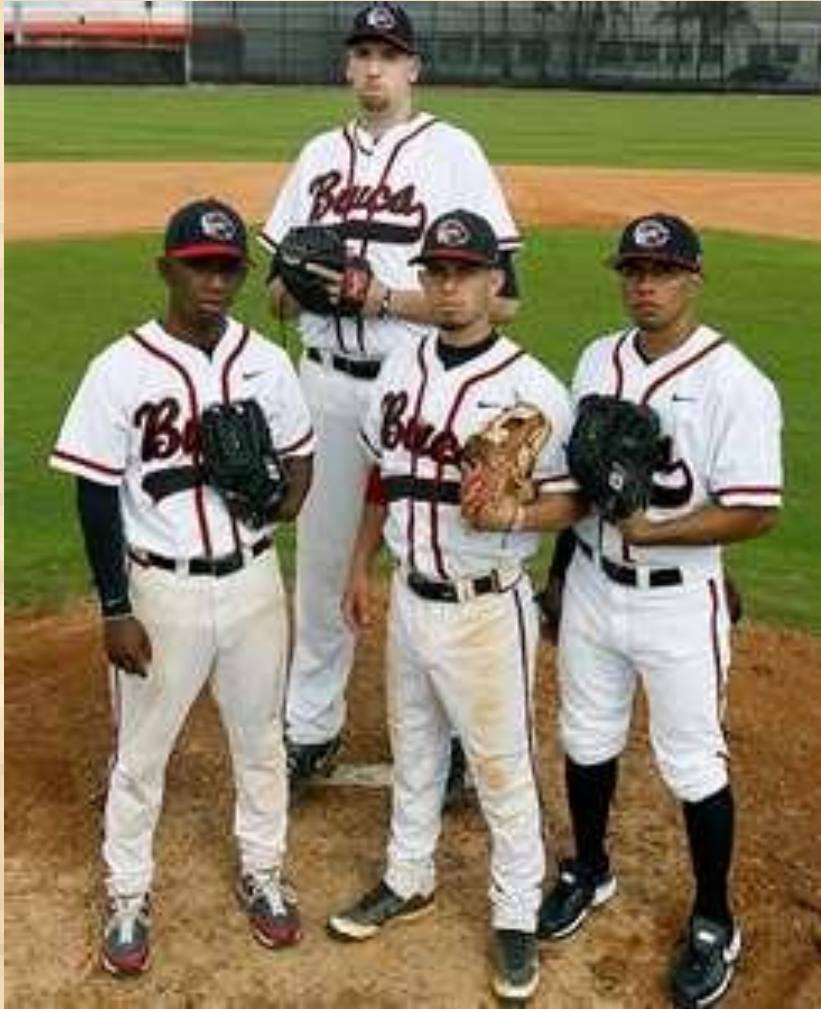




# Frank Szczepanik

## Division II Barry College NCAA

7' 2" 205lbs



# Yao Ming (retired Houston Rockets)

7' 3" 310 lbs



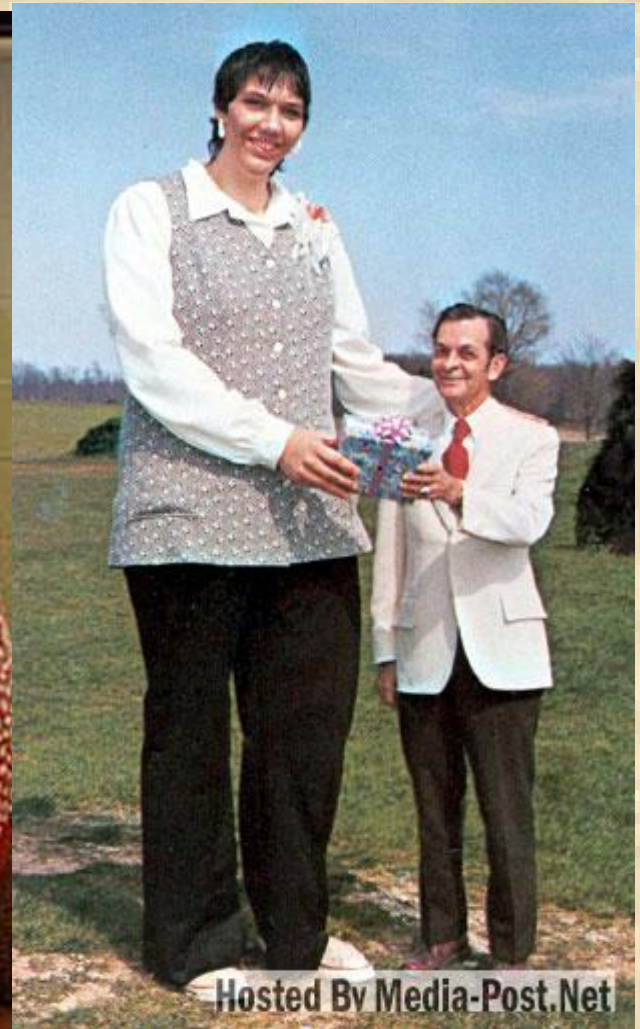


# Dalip Singh Rana *aka* The Great Khali

7' 3" 420 lbs



# Sandy Allen 7' 7 1/4" 462 lbs (died 2008)





# Igor Vovkovinskiy

7' 8" 450 lbs







# Sun Mingming

7' 9" 370 lbs

(appeared in Rushhour 3  
with Jackie Chan and Chris Tucker)





# De-Fen Yao

7' 9" 440 lbs



# Bao Xishun

(also known as **Xi Shun** or "The Big Guy")

7' 9" 363 lbs





# Zhao Liang

8' .07" 342 lbs



# Sultan Kosen

8' 3" 371 lbs





# Leonid Stadnyk

8' 6" 441 lbs

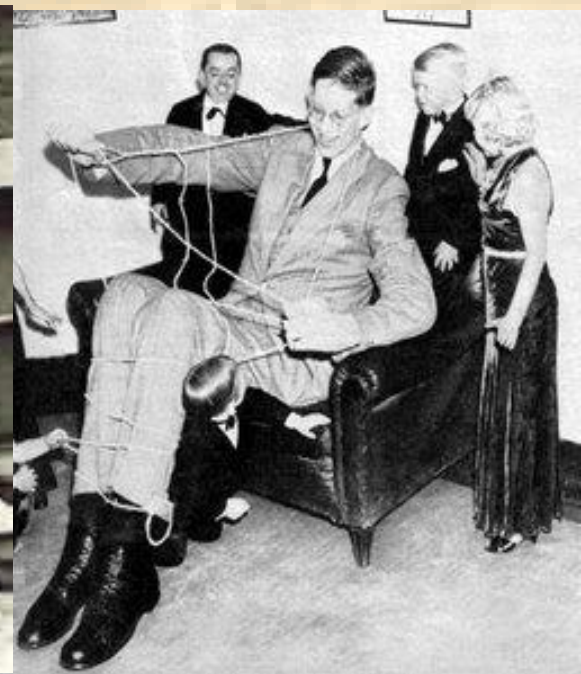
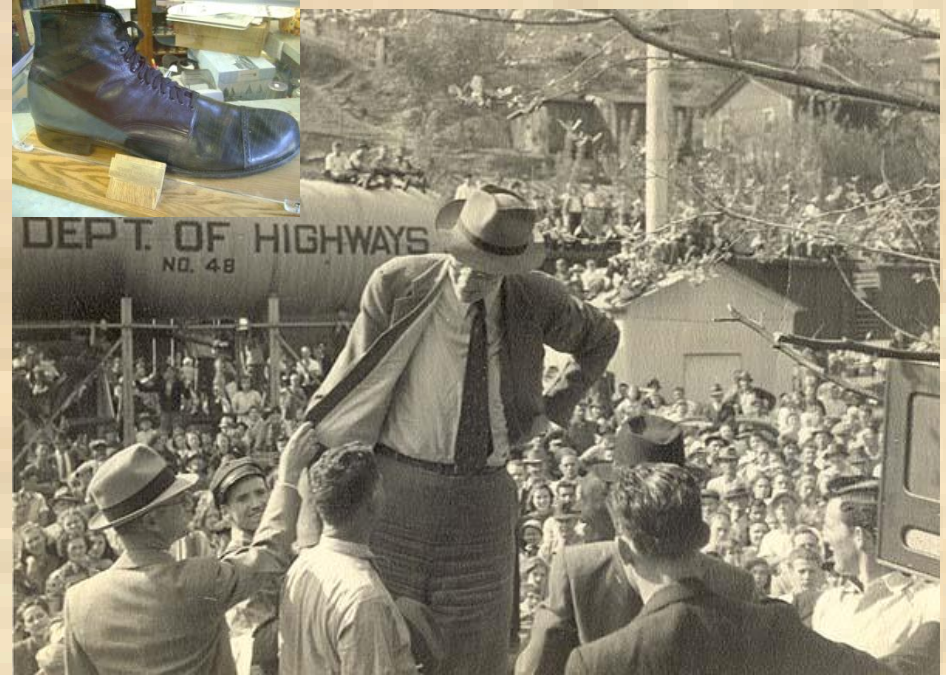


**US size 28**



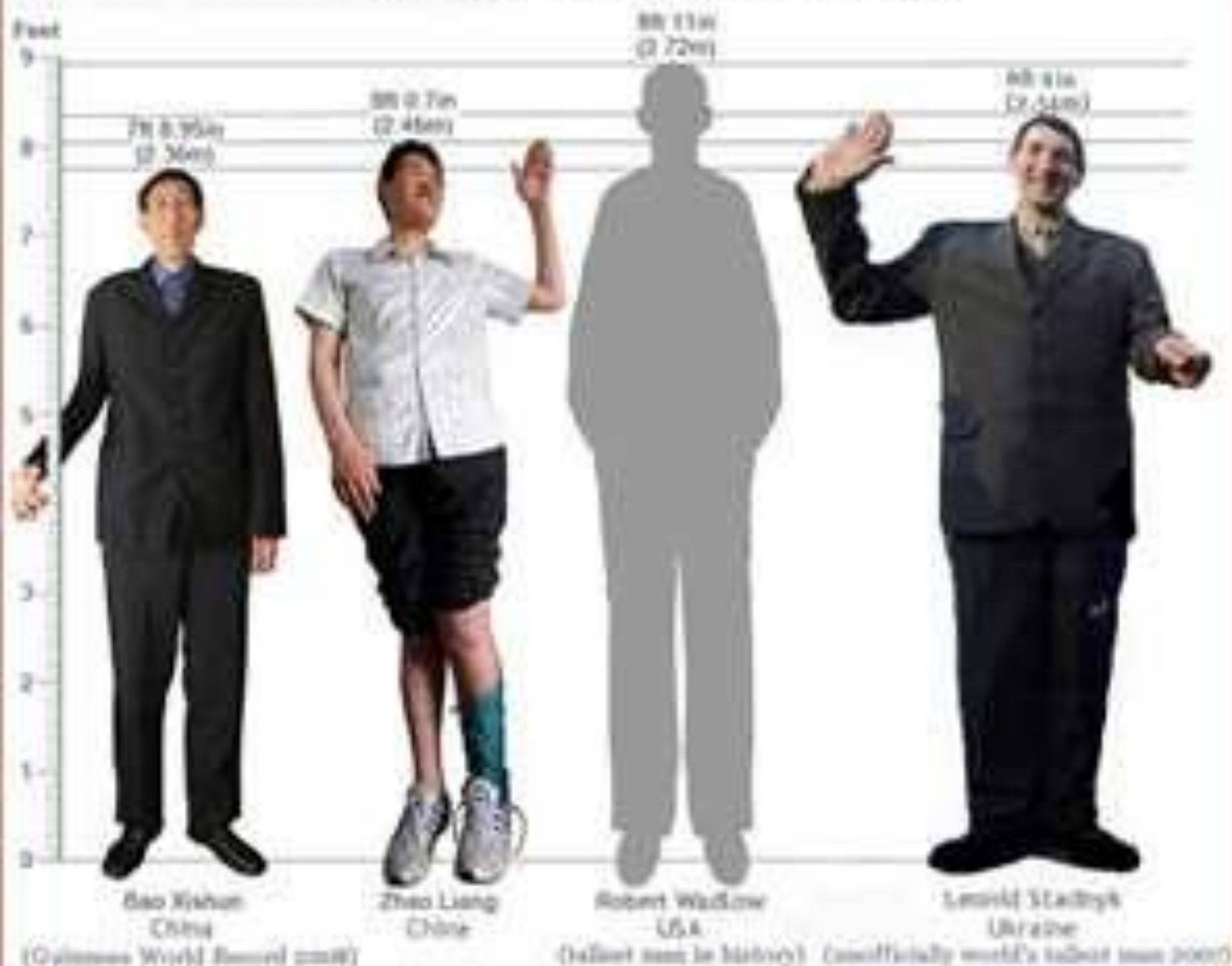
# Robert Pershing Wadlow *aka* The Alton Giant

8' 11 1/2" 485 lbs





# The tallest men in the world (2009)



•GIANT GEORGE Blue Great Dane 42.625 inches at shoulder. 7' 3" nose to tail 245 lbs





**DAVID**

**VS**

**GOLIATH**

# 1 Samuel 16:1-18

•1 Samuel 16:1-4 And the LORD said unto Samuel, How long wilt thou mourn for Saul, seeing I have rejected him from reigning over Israel? fill thine horn with oil, and go, I will send thee to Jesse the Bethlehemite: for I have provided me a king among his sons. And Samuel said, How can I go? if Saul hear *it*, he will kill me. And the LORD said, Take an heifer with thee, and say, I am come to sacrifice to the LORD. And call Jesse to the sacrifice, and I will shew thee what thou shalt do: and thou shalt anoint unto me *him* whom I name unto thee. And Samuel did that which the LORD spake, and came to Bethlehem. And the elders of the town trembled at his coming, and said, Comest thou peaceably?



**1 Samuel 16:5-9** And he said, Peaceably: I am come to sacrifice unto the LORD: sanctify yourselves, and come with me to the sacrifice. And he sanctified Jesse and his sons, and called them to the sacrifice. And it came to pass, when they were come, that he looked on Eliab, and said, Surely the LORD'S anointed *is* before him.

But the LORD said unto Samuel, Look not on his countenance, or on the height of his stature; because I have refused him: for *the LORD seeth* not as man seeth; for man looketh on the outward appearance, but the LORD looketh on the heart. Then Jesse called Abinadab, and made him pass before Samuel. And he said, Neither hath the LORD chosen this. Then Jesse made Shammah to pass by. And he said, Neither hath the LORD chosen this.

• **1 Samuel 16:10-14** Again, Jesse made seven of his sons to pass before Samuel. And Samuel said unto Jesse, The LORD hath not chosen these. And Samuel said unto Jesse, Are here all *thy* children? And he said, There remaineth yet the youngest, and, behold, he keepeth the sheep. And Samuel said unto Jesse, Send and fetch him: for we will not sit down till he come hither. And he sent, and brought him in. Now he *was* ruddy, *and* withal of a beautiful countenance, and goodly to look to. And the LORD said, Arise, anoint him: for this *is* he. Then Samuel took the horn of oil, and anointed him in the midst of his brethren: and the Spirit of the LORD came upon David from that day forward. So Samuel rose up, and went to Ramah. But the Spirit of the LORD departed from Saul, and an evil spirit from the LORD troubled him.



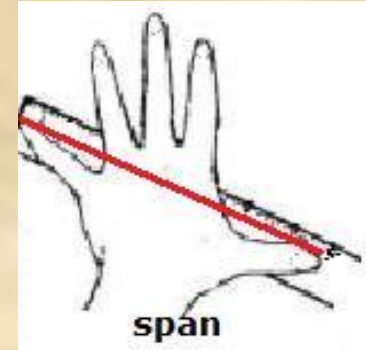
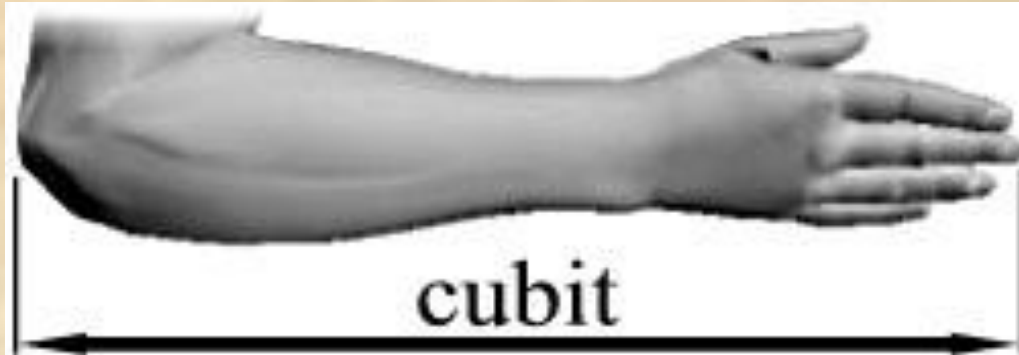
**1 Samuel 16:15-18** And Saul's servants said unto him, Behold now, an evil spirit from God troubleth thee. Let our lord now command thy servants, *which are* before thee, to seek out a man, *who is* a cunning player on an harp: and it shall come to pass, when the evil spirit from God is upon thee, that he shall play with his hand, and thou shalt be well. And Saul said unto his servants, Provide me now a man that can play well, and bring *him* to me. Then answered one of the servants, and said, Behold, I have seen a son of Jesse the Bethlehemite, *that is* cunning in playing, and a mighty valiant man, and a man of war, and prudent in matters, and a comely person, and the LORD *is* with him.

# 1 Samuel 17:1-4

- **1 Samuel 17:1-4** Now the Philistines gathered together their armies to battle, and were gathered together at Shochoh, which *belongeth* to Judah, and pitched between Shochoh and Azekah, in Ephesdammim. And Saul and the men of Israel were gathered together, and pitched by the valley of Elah, and set the battle in array against the Philistines. And the Philistines stood on a mountain on the one side, and Israel stood on a mountain on the other side: and *there was* a valley between them. And there went out a champion out of the camp of the Philistines, named Goliath, of Gath, whose height *was* six cubits and a span.



# MEASURES



**CUBIT 17", 18", 19", 20 and even a 22"-24" royal cubit have been found in archeology.**

- 17" X 6 cubits = 102 in or **8.5 ft** and a SPAN(6-9 in)= **9' 0" – 9' 3"**
- **18" X 6 cubits** = 108 in or **9 ft** and a SPAN (6-9 in)= **9' 6" – 9' 9"**
- 19" X 6 cubits = 114 in or **9 ½ ft** and a SPAN (6-9 in)= **10' 0"- 10" 9"**
- 20" X 6 cubits = 120 in or **10 ft** and a SPAN (6-9 in)= **10' 6" – 10" 9"**
- 22" X 6 cubits = 132 in or **11 ft** and a SPAN (6-9 in)= **11' 6" – 11" 9"**

Culture	Inches (cm)
<b>Hebrew (short)</b>	17.5 (44.5)
Egyptian	17.6 (44.7)
Common (short)	18 (45.7)
Babylonian (long)	19.8 (50.3)
<b>Hebrew (long)</b>	20.4 (51.8)
Egyptian (long)	20.6 (52.3)

# 1 Samuel 17:5-7

- **1 Samuel 17:5-7** And *he had* an helmet of brass upon his head, and he *was* armed with a coat of mail; and the weight of the coat *was* **five thousand shekels** of brass. **[various measures from 75 to 125 to 157 to 200. Most common is 125]** And *he had* greaves of brass upon his legs, and a target of brass between his shoulders. And the staff of his spear *was* like a weaver's beam; and his spear's head *weighed* **six hundred shekels of iron****[15-17lbs]**: and one bearing a shield went before him.



# MEASURES

- **SHEKEL**= Strong's #8255. sheqel שֶׁקֶל sheqel *sheh'-kel* from 8254; probably a weight; used as a commercial standard:--shekel. See Hebrew 8254

## Goliath's Armor and Spear - 1 Samuel 17:5-7

- Goliath's coat of armor weighed **5,000 shekels**, or about **125 pounds** (2000 oz).
- The point of his spear weighed **600 shekels**, or about **15 pounds** or approx 40 shekels per lb

# GOLIATH'S SPEAR





# 1 Samuel 17:8-11

1 Samuel 17:8 And he stood and cried unto the armies of Israel, and said unto them, Why are ye come out to set your battle in array? **am not I a Philistine, and ye servants to Saul? choose you a man for you, and let him come down to me.** 9 If he be able to fight with me, and to kill me, then will we be your servants: but if I prevail against him, and kill him, then shall ye be our servants, and serve us. 10 And the Philistine said, **I defy the armies of Israel this day; give me a man, that we may fight together.** 11 When Saul and all Israel heard those words of the Philistine, they were dismayed, and greatly afraid.

# 1 Samuel 17:12-15

**1 Samuel 17:12 Now David was the son of that Ephrathite of Bethlehemjudah, whose name was Jesse; and he had eight sons:** and the man went among men for an old man in the days of Saul. 13 And the three eldest sons of Jesse went and followed Saul to the battle: and the names of his three sons that went to the battle were Eliab the firstborn, and next unto him Abinadab, and the third Shammah. 14 And David was the youngest: and the three eldest followed Saul. 15 **But David went and returned from Saul to feed his father's sheep at Bethlehem.**



# 1 Samuel 17:16-19

1 Samuel 17:16 And **the Philistine drew near morning and evening**, and presented himself forty days. 17 And Jesse said unto David his son, Take now for thy brethren an ephah of this parched corn, and these ten loaves, and run to the camp to thy brethren; 18 And carry these ten cheeses unto the captain of their thousand, and look how thy brethren fare, and take their pledge. 19 Now Saul, and they, and all the men of Israel, were in the valley of Elah, fighting with the Philistines.

# 1 Samuel 17:17-22

1 Samuel 17:20 And David rose up early in the morning, and left the sheep with a keeper, and took, and went, as Jesse had commanded him; and he came to the trench, as the host was going forth to the fight, and shouted for the battle. 21 For Israel and the Philistines had put the battle in array, army against army. 22 And David left his carriage in the hand of the keeper of the carriage, and ran into the army, and came and saluted his brethren.



# 1 Samuel 17:23-25

1 Samuel 17:23 **And as he talked with them, behold, there came up the champion, the Philistine of Gath, Goliath by name, out of the armies of the Philistines, and spake according to the same words: and David heard them. 24 And all the men of Israel, when they saw the man, fled from him, and were sore afraid. 25 And the men of Israel said, Have ye seen this man that is come up? surely to defy Israel is he come up: and it shall be, that the man who killeth him, the king will enrich him with great riches, and will give him his daughter, and make his father's house free in Israel.**

# 1 Samuel 17:26-28

1 Samuel 17:26 And **David spake to the men** that stood by him, saying, What shall be done to the man that **killeth this Philistine, and taketh away the reproach from Israel? for who is this uncircumcised Philistine, that he should defy the armies of the living God?** 27 And the people answered him after this manner, saying, So shall it be done to the man that killeth him. 28 And Eliab his eldest brother heard when he spake unto the men; and Eliab's anger was kindled against David, and he said, Why camest thou down hither? and with whom hast thou left those few sheep in the wilderness? I know thy pride, and the naughtiness of thine heart; for thou art come down that thou mightest see the battle.



# 1 Samuel 17:29-31

- 1 Samuel 17:29 And David said, What have I now done? Is there not a cause? 30 And he turned from him toward another, and spake after the same manner: and the people answered him again after the former manner. 31 And when the words were heard which David spake, they rehearsed them before Saul: and he sent for him.

# 1 Samuel 17:32-35

- 1 Samuel 17: 32 **And David said to Saul, Let no man's heart fail because of him; thy servant will go and fight with this Philistine.** 33 And Saul said to David, Thou art not able to go against this Philistine to fight with him: **for thou art but a youth, and he a man of war from his youth.** 34 And David said unto Saul, **Thy servant kept his father's sheep, and there came a lion, and a bear, and took a lamb out of the flock: 35 And I went out after him, and smote him, and delivered it out of his mouth: and when he arose against me, I caught him by his beard, and smote him, and slew him.**



# 1 Samuel 17:36-39

- 1 Samuel 17: 36 **Thy servant slew both the lion and the bear: and this uncircumcised Philistine shall be as one of them, seeing he hath defied the armies of the living God.** 37 David said moreover, **The LORD that delivered me out of the paw of the lion, and out of the paw of the bear, he will deliver me out of the hand of this Philistine.** And Saul said unto David, Go, and the LORD be with thee. 38 And Saul armed David with his armour, and he put an helmet of brass upon his head; also he armed him with a coat of mail. 39 And David girded his sword upon his armour, and he assayed to go; for he had not proved it. And David said unto Saul, I cannot go with these; **for I have not proved them.** And David put them off him.

# 1 Samuel 17:40-43

- 1 Samuel 17:40 **And he took his staff in his hand, and chose him five smooth stones out of the brook, and put them in a shepherd's bag which he had, even in a scrip; and his sling was in his hand: and he drew near to the Philistine.** 41 And the Philistine came on and drew near unto David; and the man that bare the shield went before him. 42 And when the Philistine looked about, and saw David, he disdained him: for he was but a youth, and ruddy, and of a fair countenance. 43 And the Philistine said unto David, Am I a dog, that thou comest to me with staves? **And the Philistine cursed David by his gods.**



## 2 Samuel 21:15-16

- Moreover the Philistines had yet war again with Israel; and David went down, and his servants with him, and fought against the Philistines: and David waxed faint. **And Ishbibenob, which was of the sons of the giant**, the weight of whose spear weighed three hundred shekels of brass in weight, he being girded with a new sword, thought to have slain David.

## 2 Samuel 21:17-18

- But Abishai the son of Zeruiah succoured him, and smote the Philistine, and killed him. Then the men of David swore unto him, saying, Thou shalt go no more out with us to battle, that thou quench not the light of Israel. And it came to pass after this, that there was again a battle with the Philistines at Gob: then Sibbechai the Hushathite slew Saph, which was of the sons of the giant.



## 2 Samuel 21:19

- And there was again a battle in Gob with the Philistines, where Elhanan the son of Jaareoregim, a Bethlehemite, slew the brother of Goliath the Gittite, the staff of whose spear was like a weaver's beam.

## 2 Samuel 21:20-22

2 Samuel 21:20-22 And there was yet a battle in Gath, where was a man of great stature, that had on every hand six fingers, and on every foot six toes, four and twenty in number; and he also was born to the giant. And when he defied Israel, Jonathan the son of Shimea the brother of David slew him. These four were born to the giant in Gath, and fell by the hand of David, and by the hand of his servants.



# 1 Chronicles 20:1-2

- And it came to pass, that after the year was expired, at the time that kings go out to battle, Joab led forth the power of the army, and wasted the country of the children of Ammon, and came and besieged Rabbah. But David tarried at Jerusalem. And Joab smote Rabbah, and destroyed it. And David took the crown of their king from off his head, and found it to weigh a talent of gold, and there were precious stones in it; and it was set upon David's head: and he brought also exceeding much spoil out of the city.

# **1 Chronicles 20:3-4**

**And he brought out the people that were in it, and cut them with saws, and with harrows of iron, and with axes. Even so dealt David with all the cities of the children of Ammon. And David and all the people returned to Jerusalem. And it came to pass after this, that there arose war at Gezer with the Philistines; at which **time** Sibbechai the Hushathite slew Sippai, that was of the children of the giant: and they were subdued.**



# 1 Chronicles 20:5-6

- **1 Chronicles 20:5-6** And there was war again with the Philistines; and Elhanan the son of Jair slew Lahmi the brother of Goliath the Gittite, whose spear staff was like a weaver's beam. And yet again there was war at Gath, where was a man of great stature, whose fingers and toes were four and twenty, six on each hand, and six on each foot: and he also was the son of the giant.























TWELVE TOES

# 1 Chronicles 20:7-8

**But when he defied Israel,  
Jonathan the son of Shimea  
David's brother slew him.**

**These were born unto the  
giant in Gath; and they fell by  
the hand of David, and by the  
hand of his servants.**



**DAVID**

**VS**

**GOLIATH**

# 1 Samuel 17:44-46

- 1 Samuel 17:44 And the Philistine said to David, Come to me, and I will give thy flesh unto the fowls of the air, and to the beasts of the field. 45 Then said David to the Philistine, Thou comest to me with a sword, and with a spear, and with a shield: but **I come to thee in the name of the LORD of hosts, the God of the armies of Israel, whom thou hast defied.** 46 **This day will the LORD deliver thee into mine hand; and I will smite thee, and take thine head from thee; and I will give the carcasses of the host of the Philistines this day unto the fowls of the air, and to the wild beasts of the earth; that all the earth may know that there is a God in Israel.**

# 1 Samuel 17:47-49

- 1 Samuel 17:47 **And all this assembly shall know that the LORD saveth not with sword and spear: for the battle is the LORD'S, and he will give you into our hands.** 48 And it came to pass, when the Philistine arose, and came and drew nigh to meet David, that **David hasted, and ran toward the army to meet the Philistine.** 49 **And David put his hand in his bag, and took thence a stone, and slang it, and smote the Philistine in his forehead, that the stone sunk into his forehead; and he fell upon his face to the earth.**



# 1 Samuel 17:50-53

- 1 Samuel 17:50 So David prevailed over the Philistine with a sling and with a stone, and smote the Philistine, and slew him; but there was no sword in the hand of David. 51 **Therefore David ran, and stood upon the Philistine, and took his sword, and drew it out of the sheath thereof, and slew him, and cut off his head therewith. And when the Philistines saw their champion was dead, they fled.** 52 And the men of Israel and of Judah arose, and shouted, and pursued the Philistines, until thou come to the valley, and to the gates of Ekron. And the wounded of the Philistines fell down by the way to Shaaraim, even unto Gath, and unto Ekron. 53 And the children of Israel returned from chasing after the Philistines, and they spoiled their tents.

# 1 Samuel 17:54-58

1 Samuel 17: **54 And David took the head of the Philistine, and brought it to Jerusalem; but he put his armour in his tent.** 55 And when Saul saw David go forth against the Philistine, he said unto Abner, the captain of the host, Abner, **whose son is this youth?** And Abner said, As thy soul liveth, O king, I cannot tell. 56 And the king said, Enquire thou whose son the stripling is. 57 And as David returned from the slaughter of the Philistine, Abner took him, and brought him before Saul with the head of the Philistine in his hand. 58 **And Saul said to him, Whose son art thou, thou young man?** And David answered, I am the son of thy servant Jesse the Bethlehemite.

# SPIRITUAL WARFARE

**What can we learn from the mighty valiant man David?**

- We must all face the fact that **spiritual warfare is a necessity**. God never glosses over the fact that **there are going to be battles to be fought**.



# SPIRITUAL WARFARE

**What can we learn from the mighty valiant man David?**

- We must all face the fact that **spiritual warfare is a necessity**. God never glosses over the fact that **there are going to be battles to be fought**.
- He told Moses there would be blessings and enemies in the Promised Land (Exodus 3:16-17).
- He promised Joshua the Land but told him he would have to be strong and courageous to face its challenges (Joshua 1:1-7).
- He promised Gideon he would save Israel but he would have to face the Midianites (Judges 6:15-16).
- He anointed David to be king as a youth but David still had Goliath to fight (1 Samuel).

# SPIRITUAL WARFARE

Our Savior was no less frank with His disciples and with us. Christ said in **John 15:18-20** **"If the world hate you, ye know that it hated me before it hated you. If ye were of the world, the world would love his own: but because ye are not of the world, but I have chosen you out of the world, therefore the world hateth you. Remember the word that I said unto you, The servant is not greater than his lord. If they have persecuted me, they will also persecute you; if they have kept my saying, they will keep yours also."**

John 16:33 These things I have spoken unto you, that in me ye might have peace. **In the world ye shall have tribulation:** but be of good cheer; I have overcome the world.

# SPIRITUAL WARFARE

**Ephesians 6:12) For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.**



# SPIRITUAL WARFARE

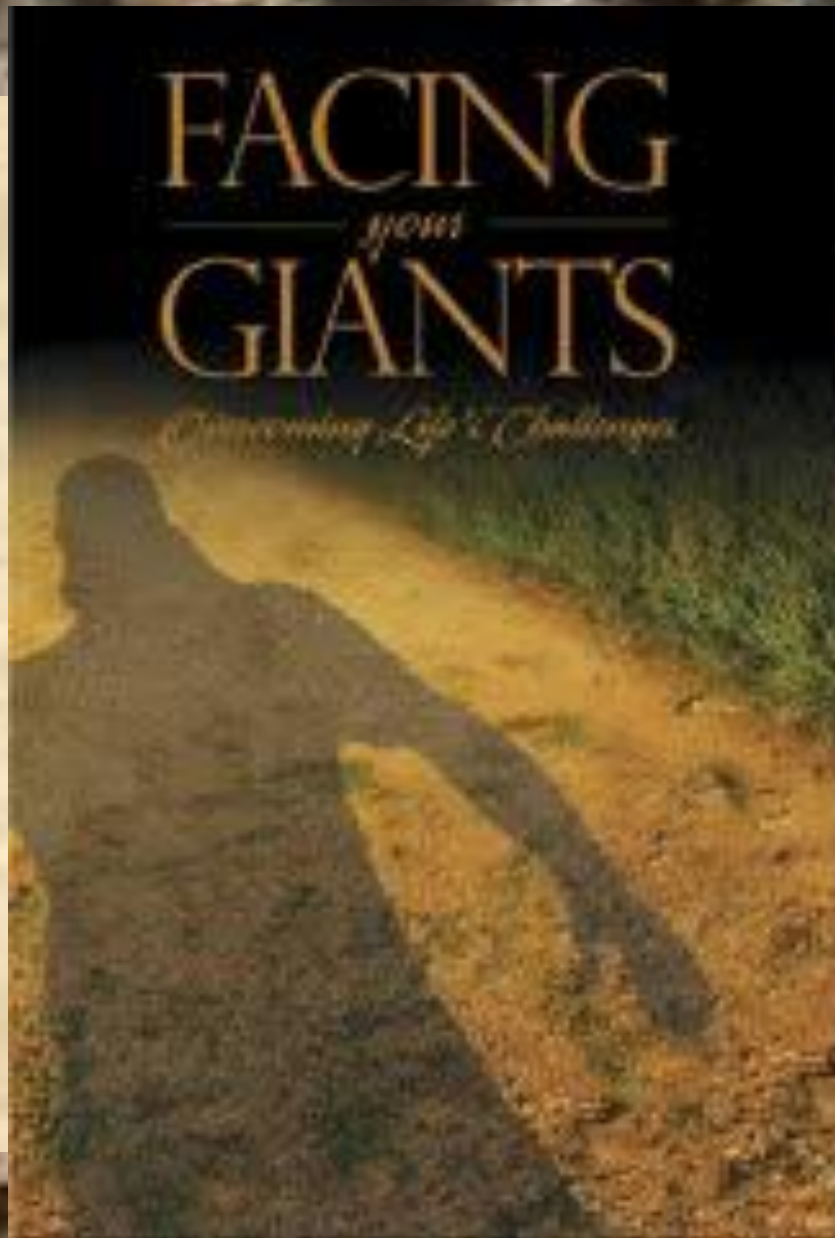
**Ephesians 6:12) For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.**

**•Romans 7:22-23 For I delight in the law of God after the inward man: But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.**

# SPIRITUAL WARFARE

2 Corinthians 10:3-6 For though we walk in the flesh, we do not war after the flesh: (For the weapons of our warfare are not carnal, but mighty through God to the **pulling down of strong holds**;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity **every thought to the obedience of Christ**; And having in a readiness to revenge all disobedience, when your obedience is fulfilled.

# SPIRITUAL WARFARE





# SPIRITUAL WARFARE

- Don't trust in fleshly wisdom rather than in the Word of God.
- Stand firm with truth – then stay there.



# SPIRITUAL WARFARE

- **Don't cling onto traditions rather than truth.**
- **Don't be afraid as the Lord goes before you.**



# SPIRITUAL WARFARE

- Don't believe Satan's lies.
- Don't lack faith.



# Facing YOUR Giants:



# FIVE STONES

- Fight for Truth

# FIVE STONES

- Fight for Truth
- **Action Not Just Words**



# FIVE STONES

- Fight for Truth
- Action Not Just Words
- **Increase Initiative**

# FIVE STONES

- Fight for Truth
- Action Not Just Words
- Increase Initiative
- **Trust The Lord**

# FIVE STONES

- **Fight for Truth**
- **Action Not Just Words**
- **Increase Initiative**
- **Trust The Lord**
- **Honor God**



The image features a title 'FIVE STONES' in large, bold, yellow-outlined letters at the top. Below the title is a list of five bullet points on a light beige, textured background. The background is framed by horizontal bands of small, smooth, light-brown stones at the top and bottom. The stones are scattered across these bands, with some showing slight shadows.

# FIVE STONES

- **F**ight for Truth
- **A**ction Not Just Words
- **I**ncrease Initiative
- **T**rust The Lord
- **H**onor God

# FACING *your* GIANTS

*Overcoming Life's Challenges*

**REMEMBER YOU  
ARE MORE THAN  
CONQUERERS  
THROUGH  
CHRIST JESUS!  
[Ref: Romans 8:7]**





# FACING YOUR GIANTS: FIVE SMOOTH STONES



# THANK YOU!

	<p><b>TRUTH ON THE WEB MINISTRIES</b> <b><a href="http://WWW.TOTW.ORG">WWW.TOTW.ORG</a></b></p>	
<p>EPH 6:17 AND TAKE...THE SWORD OF THE SPIRIT WHICH IS THE WORD OF GOD A CHURCH OF GOD IN WOODSTOCK, ILLINOIS</p>		

# HAVE A GREAT REST OF THE SABBATH!