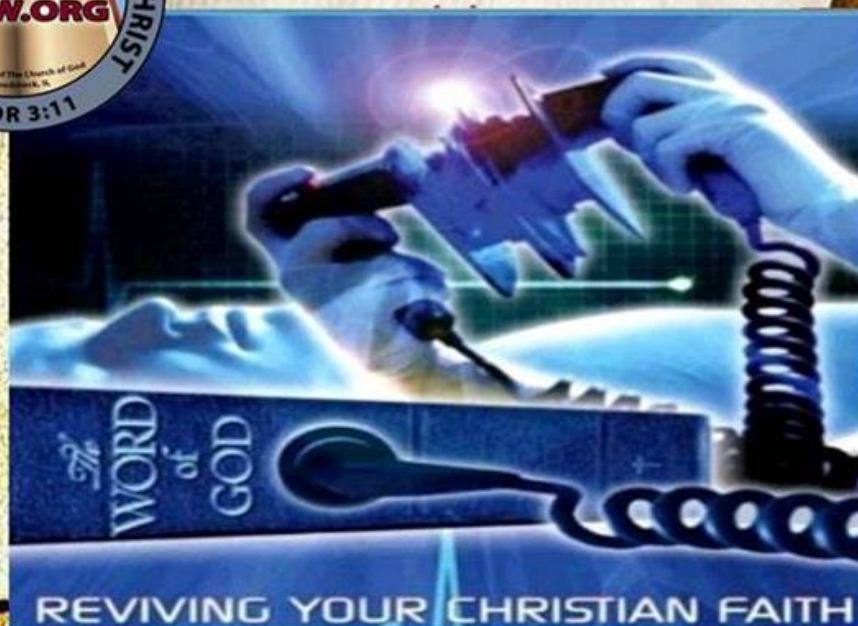
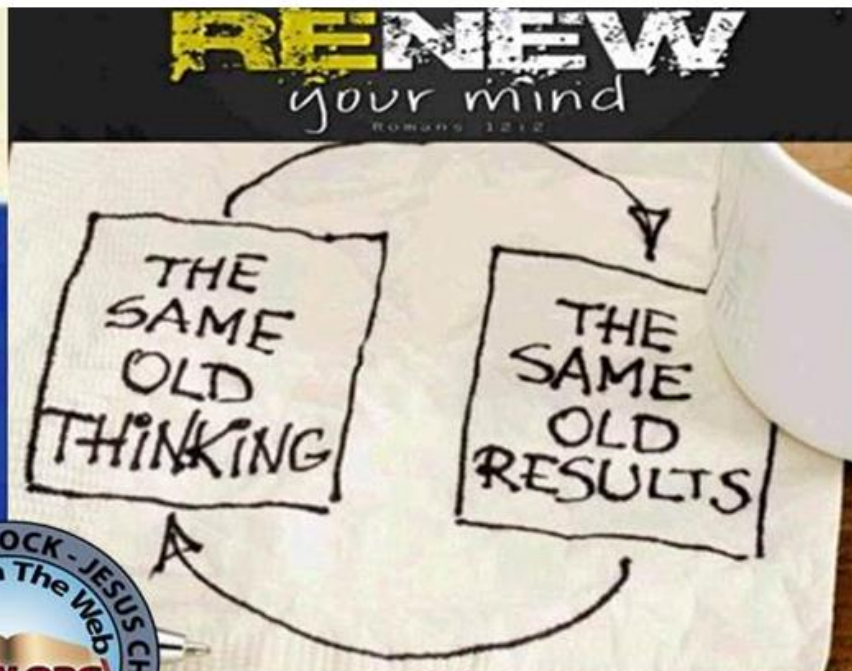


Think BIBLICALLY



Unoffendable



Luke 9:23-26 And He said to *them* all, **If any man will come after Me, let him deny himself, and take up his cross daily, and follow Me. For whosoever will save his life shall lose it: but whosoever will lose his life for My sake, the same shall save it.** For what is a man advantaged, if he gain the whole world, and lose himself, or be cast away? **For whosoever shall be ashamed of Me and of My words, of him shall the Son of man be ashamed,** when He shall come in His own glory, and *in His* Father's, and of the holy angels.

Matthew 16:24 Then Jesus said to His disciples,
"If anyone desires to come after Me, let him
deny himself, and take up his cross, and follow
Me.

Matthew 10:38 He who doesn't take his cross
and follow after Me, isn't worthy of Me.

I turn everything over
I turn myself in
There's nothing left of me to defend

Switchfoot

"I Turn Everything Over"

Ephesians 4:26-32 Be ye angry, and sin not: let not the sun go down upon your wrath: **27** Neither give place to the devil. **28** Let him that stole steal no more: but rather let him labour, working with *his* hands the thing which is good, that he may have to give to him that needeth. **29** Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers. **30** And grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption. **31** Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: **32** And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

Colossians 3:8 But now ye also put off all these; anger, wrath, malice, blasphemy, filthy communication out of your mouth.

Colossians 3:12-14 Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering; **13** Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also *do ye*. **14** And above all these things *put on* charity, which is the bond of perfectness.

James 1:19-20 Wherefore, my beloved brethren,
let every man be swift to hear, slow to speak,
slow to wrath: **20** For the wrath of man worketh
not the righteousness of God.

Leviticus 19:16-18 Thou shalt not go up and down *as* a talebearer among thy people: neither shalt thou stand against the blood of thy neighbour: I *am* the LORD. **17** Thou shalt not hate thy brother in thine heart: thou shalt in any wise rebuke thy neighbour, and not suffer sin upon him. **18** Thou shalt not avenge, nor bear any grudge against the children of thy people, but thou shalt love thy neighbour as thyself: I *am* the LORD.

Proverbs 12:16 A fool's wrath is presently known: but a prudent *man* covereth shame.

Proverbs 12:16 NIV Fools show their annoyance at once, but the prudent overlook an insult.

Proverbs 12:16 NLT A fool is quick-tempered, but a wise person stays calm when insulted.

Proverbs 19:11 The discretion of a man
deferreth his anger; and *it is* his glory to pass
over a transgression.

1 Corinthians 13:4-5 Charity suffereth long, *and* is kind; charity envieth not; charity vaunteth not itself, is not puffed up, **5** Doth not behave itself unseemly, seeketh not her own, **is not easily provoked**, thinketh no evil;

Proverbs 15:1 A gentle answer turns away wrath, But a harsh word stirs up anger.

Proverbs 15:18 A wrathful man stirs up contention, But one who is slow to anger appeases strife.

Ephesians 4:29 Let no corrupt communication proceed out of your mouth, but **that which is good to the use of edifying, that it may minister grace unto the hearers.**

1 Corinthians 4:11-13 Even to this present hour we hunger, thirst, are naked, are beaten, and have no certain dwelling place. We toil, working with our own hands. **When people curse us, we bless. Being persecuted, we endure. Being defamed, we entreat.** We are made as the filth of the world, the dirt wiped off by all, even until now.

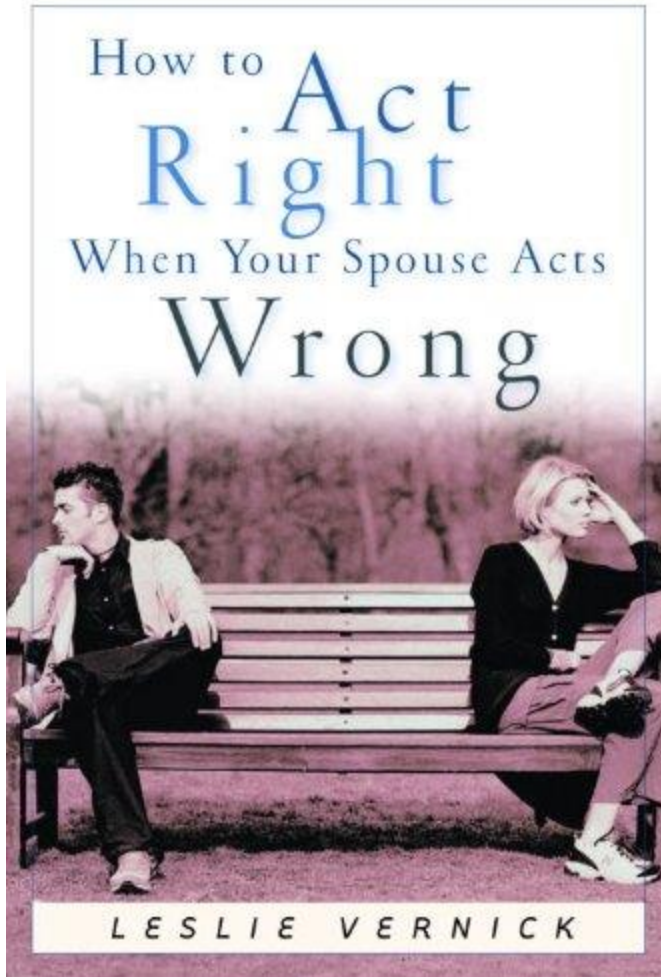
Matthew 5:38-42 Ye have heard that it hath been said, An eye for an eye, and a tooth for a tooth: But I say unto you, That ye resist not evil: but whosoever shall smite thee on thy right cheek, turn to him the other also. And if any man will sue thee at the law, and take away thy coat, let him have *thy* cloke also. And whosoever shall compel thee to go a mile, go with him twain. Give to him that asketh thee, and from him that would borrow of thee turn not thou away.

Matthew 5:43-48 Ye have heard that it hath been said, Thou shalt love thy neighbour, and hate thine enemy. **44** But I say unto you, **Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;** **45** That ye may be the children of your Father which is in heaven: for he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust. **46** For if ye love them which love you, what reward have ye? do not even the publicans the same? **47** And if ye salute your brethren only, what do ye more *than others*? do not even the publicans so? **48** Be ye therefore perfect, even as your Father which is in heaven is perfect.

Hebrews 12:2-4 Looking unto Jesus the author and finisher of *our* faith; who for the joy that was set before Him endured the cross, despising the shame, and is set down at the right hand of the throne of God. For consider Him that endured such contradiction of sinners against Himself, lest ye be wearied and faint in your minds. Ye have not yet resisted unto blood, striving against sin.

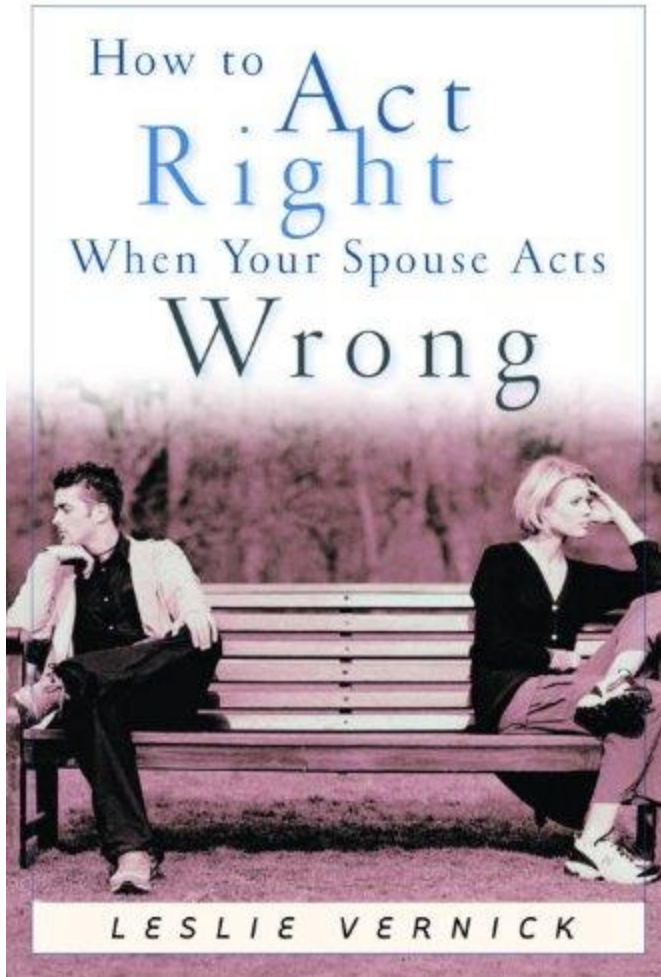
Hebrews 12:5-10 And ye have forgotten the exhortation which speaketh unto you as unto children, My son, despise not thou the chastening of the Lord, nor faint when thou art rebuked of Him: For whom the Lord loveth He chasteneth, and scourgeth every son whom He receiveth. If ye endure chastening, God dealeth with you as with sons; for what son is he whom the Father chasteneth not? But if ye be without chastisement, whereof all are partakers, then are ye bastards, and not sons. Furthermore we have had fathers of our flesh which corrected *us*, and we gave *them* reverence: shall we not much rather be in subjection unto the Father of spirits, and live? For they verily for a few days chastened *us* after their own pleasure; but He for *our* profit, that *we* might be partakers of His holiness.

Hebrews 12:11-15 Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby. Wherefore lift up the hands which hang down, and the feeble knees; And make straight paths for your feet, lest that which is lame be turned out of the way; but let it rather be healed. Follow peace with all *men*, and holiness, without which no man shall see the Lord: Looking diligently lest any man fail of the grace of God; lest any root of bitterness springing up trouble *you*, and thereby many be defiled;



“Instead of looking at what our spouse is doing that is upsetting, hurtful, or wrong to us, we must begin by redirecting our attention toward what our spouse’s wrongs reveal in us. God may be using his or her imperfections, differences, weaknesses, and sins to teach us valuable lessons on how to forgive, how to forbear, how to have self-control, how to speak the truth in love, and how to love our enemies.”

How To Act Right When Your Spouse Acts Wrong, p.34



"Please take note that what we hope to birth in the process of our suffering makes a difference in our ability to endure. If we hope to invoke a positive response from our spouse, whether it be a heartfelt apology, personal repentance, an improved marital relationship, or a happy marriage, we may end up sorely disappointed and angry. This might cause us to give up in the midst of labor. The child is dead, why persevere? But if we can focus on birthing the character of Christ in us, then we can labor with joy, even in the midst of hardship. We can know that this sanctification process shall birth the lovely image of Christ in us."

Galatians 6:9-10 Let us not be weary in doing good, for we will reap in due season, if we don't give up. So then, as we have opportunity, let's do what is good toward all men, and especially toward those who are of the household of the faith.

Isaiah 40:31 But they that wait upon the LORD shall renew *their* strength; they shall mount up with wings as eagles; they shall run, and not be weary; *and* they shall walk, and not faint.

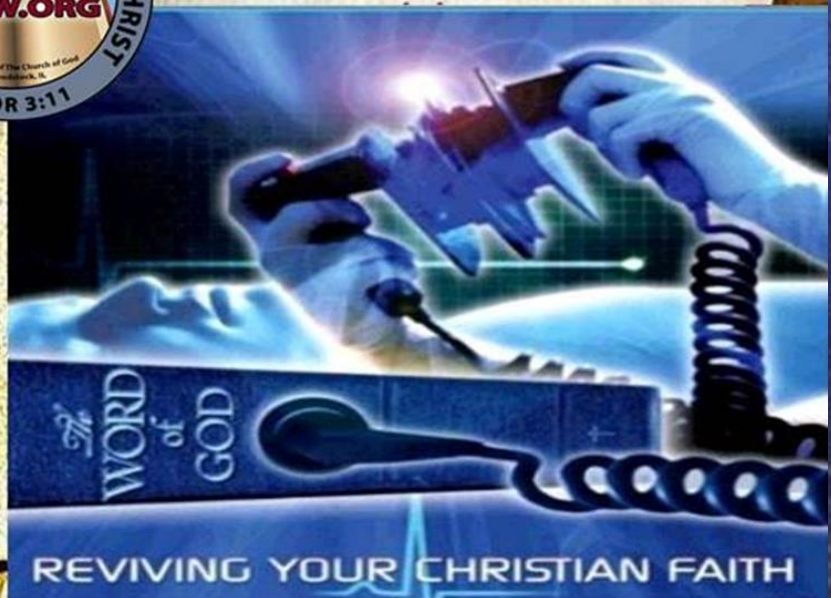
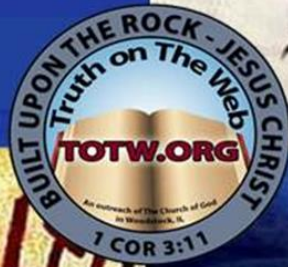
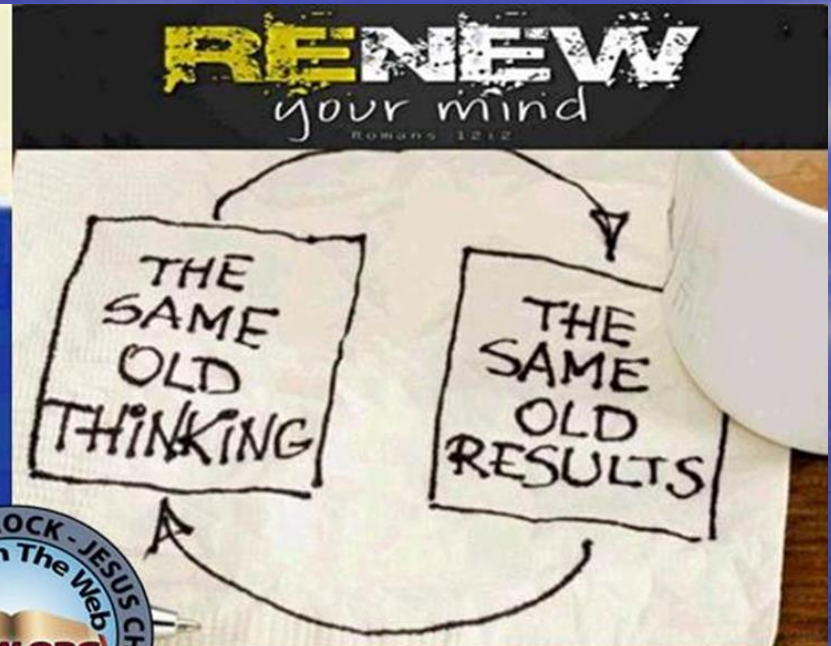
Colossians 3:12-15 Put on therefore, as God's chosen ones, holy and beloved, a heart of compassion, kindness, lowliness, humility, and perseverance; bearing with one another, and forgiving each other, if any man has a complaint against any; even as Christ forgave you, so you also do. Above all these things, walk in love, which is the bond of perfection. And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful.

Romans 12:14-21 Bless those who persecute you; bless, and don't curse. Rejoice with those who rejoice. Weep with those who weep. Be of the same mind one toward another. Don't set your mind on high things, but associate with the humble. Don't be wise in your own conceits. Repay no one evil for evil. Respect what is honorable in the sight of all men. If it is possible, as much as it is up to you, be at peace with all men. Don't seek revenge yourselves, beloved, but give place to God's wrath. For it is written, "Vengeance belongs to me; I will repay, says the Lord." Therefore "If your enemy is hungry, feed him. If he is thirsty, give him a drink. For in doing so, you will heap coals of fire on his head." Don't be overcome by evil, but overcome evil with good.

James 1:22 But be ye doers of the word,
and not hearers only, deceiving your own
selves.

Ephesians 4:1-3 I therefore, the prisoner in the Lord, beg you to walk worthily of the calling with which you were called, with all lowliness and humility, with patience, bearing with one another in love; being eager to keep the unity of the Spirit in the bond of peace.

Think BIBLICALLY



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